

## **Factors Influencing Learning and Teaching Process – Learner Related, Teacher Related, Process Related and Content Related**

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Learning at every stage is an essential aspect of everyone's life. As said by Leonardo the Vinci, Learning is the only thing the mind never exhausts, never fears and never regrets. Learning helps to nurture our minds which purifiers our soul.

In today's competitive technology world to keep our self on the world's toes, learning new things is an inseparable part of our daily life. This encourages us to tackle new things in different and easy ways. As truly stated by Charles Darwin it is not the strongest of the species that survives nor the most intelligent do that survive. It is the one that is most adaptable to change.

To move forward without any difficulty and problem learning becomes an important tool to deal with constant change happening in our life . If you keep learning it always guides you to build a career path. It gives you the confidence to make future decision, face new challenges and encourages you to exceed high in skill sets. Learning has to be constant in order to develop in both personal and professional life.

If you will focus on think at a time and learn accordingly it becomes easy to develop all necessary skills required to achieve the goal. The importance of learning is that it improves personality, educational qualification and leadership skills which ultimately excel your economic status as well.

Learning always keeps you active to educate about various scale, knowledge and competencies. Continuous learning helps to innovate new ideas. This nurtures your brain and thinking ability when new opportunities come your way it gives you appreciation and makes you happy in life.

You get habitual and seek to learn more information in which you would like to go ahead in your career or to develop professionally. When we are happy from the inner side then automatically we feel energetic and active to learn more.

Learning helps you to understand various knowledge and skills. We develop ourselves to attain the target which we would like to achieve in life. Learning assess to know the merits and demerits of various opportunities that come in our way. This encourages us to develop our skill sets in such a manner that our experience and knowledge will give us a new set of opportunities.

We cannot learn all information at one time but we can assure that learned knowledge will be an asset to our goal path. In our personal life also we become confident if we have opportunities to achieve the life goals. Learning is a continuous process that guides you to change your views where you walk on a path positively without any doubt in mind. This will help to expand our professional versions as well.

Learning has been proven to be an effective way to achieve your life goal by acquiring new knowledge and skill. Individuals can gain the confidence and courage to take the necessary steps to achieve their objectives. By understanding the concept and strategies associated with a particular goal, they can formulate a well- defined plan to help them achieve their ambitions.

With more knowledge individual can make informed decision that positively impact their lives. A better understanding of available options allows individual to identify the best course of action.

Moreover one individuals learn about different concepts related to decision making the gain more confidence in themselves ultimately leading to more.

Learning new things can be a great way to relieve stress. When we are learning we are focused on something that has nothing to do with our daily stressors. This can help us to take a break from our worries and relax our minds. Additionally learning new skills can give us a sense of accomplishment or boost our self-esteem which can also help to reduce stress.

## **Importance of Learning**

Learning is an important part of personal development and one of most rewarding aspect of the learning is that it helps you understand the world around you. By gaining knowledge and new skills you can see the world in a different light and gain a deeper understanding of how things work. Learning helps keep the mind sharp by providing mental stimulation that increases neural connectivity and improves memory activities such as reading puzzles and talking with others provide a variety of challenges that helps activate different parts of brain. In this way new connection can be created between neurons, increasing the capacity for learning new information. Some importance are sa follows:

- i. **Learning helps in making better decision:** With more knowledge individuals can make informed decision that positively impact their lives. A better understanding of available options allows individual to identify the best course of action for example suppose someone is considering investing a new business or a new job opportunities in that case they will be better prepared if they have thoroughly researched various options and gained sufficient knowledge on the subject.
- ii. **Learning helps you connect with others:** In a variety of ways for one it gives you something you have in common with others

to discuss and explore together. For example if you both like learning about other cultures you can talk about your favourite cultural traditions and share stories about your own experience with other cultures. Learning can help you develop empathy and understanding for others as you learn more about other perspective stories and cultures you become more open minded and accepting of others this can help you build more meaningful and deeper relationship with people.

- iii. **Learning keeps your mind sharp:** As you age it's naturally for your mind to slow down and your brain activity to diminish. Fortunately learning can help counteract cognitive decline by stimulating neural pathways in the brain and keeping our minds active.
- iv. **Learning helps you achieve your goals:** Learning has been proved to be an effective way to achieve your life goals. By acquiring new knowledge and skills individuals can gain the confidence and courage to take the necessary steps to achieve their objectives. By understanding the concept and strategies associated with a particular goal they can formulate a well-defined plan to help them achieve their ambitions.
- v. **Learning makes you more productive:** Learning makes us more productive because we can better access our task and know how to approach them. With a deeper understanding we can think through problem and come up with creative solution that can save time and increase efficiency. For example let us say you are a marketing manager in a company and you want to increase your productivity. One way to do this is to learn about new marketing techniques or technologies to help you reach your target audience more effectively .By increasing your knowledge and skill in this area you can work in better way.
- vi. **Learning opens new job opportunities:** Learning opens up a world of possibilities. Many people never realize to take

advantage of. By learning new skills, knowledge and ideas, they can gain insight into the world around them, understand different perspectives and gain valuable life experiences. Learning provides the individual with an invaluable opportunity to explore the unknown and unlock potential that would otherwise remain unexplored.

## Factors Influencing Learning

Learning is a comprehensive process. This process is influenced by a variety of factors related to the learner, the teacher, the process and content. Thorough knowledge of these factors will be very helpful for the teachers and parents to understand and guide the children's learning.

### Personal Factors

**Learner related factors** - The learner is the key figure in any learning task. How he will learn or what he will achieve through a particular learning, it depends upon his own characteristics and the way of learning. Such things associated with him can be described as follows:

1. **Learner Physical and Mental Health:** learning is greatly affected by the learner's physical and mental health maintained by him, particularly at the time of learning. A healthy child learns better, similarly a tense, emotionally and mentally disturbed child does not show much progress in learning.
2. **The Basic Potential of the Learner:** the result achieved by the learner through a process of learning depends upon his basic potential like learner's innate abilities and capacity of learning a thing, learner's basic potential in terms of general intelligence and specific knowledge, understanding and skill related to particular learning areas, learner's basic interest, aptitude and attitude related to a learning particular area.
3. **Level of Aspiration and Achievement Motivation:** level of aspiration refers to the personal goal of an individual, which he

expect to achieve. Keeping in view his abilities one has to maintain the level of his aspiration and achievement to a reasonable level.

4. **The goal of life:** learning depends on the goal and philosophy of one's life determine his way of looking towards the things, as inclination towards the learning in a particular area, patience maintained for continuing his learning despite the heavy goals .

## **Environmental Factors**

Environmental factors can be categorised as:

Teacher related factors, Content related factors,  
Process related factors.

### **1. Teacher Related Factors**

The teacher is the most prominent factor in the teaching learning process and is responsible for the children's learning activities.

- i. **Knowledge of the Subject:** Proper knowledge of the subject is very important teacher's knowledge experience and abilities greatly influence learners learning.
- ii. **Teacher Behaviour:** A teacher behaviour is greatly influencing the learning of the student directly. A teacher should inherit all the essential qualities of a good teacher i.e., sympathy, cooperative behaviour, objectivitive, calm temperamant, politeress are such traits that should always reflect in a teacher's behaviour.
- iii. **Personality:** Good and appealing personality is the basis of successful and effective teaching. They must create an impression on their student by keeping an appropriate balance between their deeds and actions.

### **2. Content related factors**

Following are the content related factors:

- i. **Effect of Previous Experience:** New learning depends upon old learning. Learning is always influenced by previous

experience. Previous learning in the field makes the task familiar and therefore, more approachable.

- ii. **Difficult of Material:** This is another important factor in learning when there are more than 20% difficult word in a lesson. the task of reading becomes very difficult for the reader.
- iii. **Multi-Sensory Approach:** Number of illustrations, figures, pictures, tables projecting the abstract and familiar and significant aspects of the lesson facilitates learning.
- iv. **Nature of Content:** The nature of content is a very important factor that influences learning. It should be simple to complex.
- v. **Selection of Contents:** The contents should be selected according to children need, interest and abilities that influence greatly the children learning.

### 3. Process Related Factors

The methodology adopted for teaching learning experience influence the learning of a student . While adopting methodology for teaching learning process, a teacher should focus on the following points:

- i. Linking new learning with the previous learning.
- ii. Co -relating the learning with subject as social science, history, geography, civics, biology, botany, zoology, microbiology, etc.
- iii. Utilization of maximum number of senses.
- iv. Provision of drill work, revision and practice.
- v. Provision of proper reinforcement and feedback.

Selection of suitable teaching learning method.

### Learning Environment and Resource

Socio emotional climate available in the institution in the shape of teaching learning relationship, pupil relationship and staff relationship.

Appropriate learning materials and facilities in terms of teaching learning aids, textbooks, library and laboratory facilities.

Proper conducive environment and learning situation - Proper seating arrangement, calm and peaceful environment, management and control of the factors leading to distraction, cooperative and comparative environment etc.

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